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Women's Health

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DIAL UP YOUR DIGITS

IN 10 MINUTES

DIY MANI

The technique we've mastered for a fast (and nick-free) finish

1.

Streamline your kit with multipurpose products. *Manicare Ergonomic 4-Way Buffer*, \$8.95, shapes nails and smooths ridges.

2.

Wash nails to remove dirt and oil and help the varnish bind to the nail bed.

3.

Lengthen the wear of your polish with *Orly Top 2 Bottom Base + Topcoat*, \$19.95, applied before and after your coloured lacquer.

4.

Apply two coats of varnish. We love *Sally Hansen's Miracle Gel* range, \$16.95 each, for its wide brushes and hard-wearing formula.

5.

Finish with an icy spritz of *DeMert Nail Enamel Dryer*, \$10.95.

IN 10 SECONDS

DISGUISE DAMAGE

"Consider using glitter varnish to help hide wear and tear," says Ali Magliveras, nail director at Essie Australia. When tips look tattered, try: *Essie Luxeffects Multidimensional Top Coat in A Cut Above*, \$16.95, as a French tip on one or all nails, she suggests.

AMPLIFY SHINE

Swap varnish for a vigorous buff. The motorised *Emoji Micronail*, \$59.99 (priceline.com.au), delivers a high-gloss sheen in seconds.

LOOK GOOD NAKED

Run *Manicare's Nail White Pencil*, \$5.95, under tips to easily add French crispness, polish-free.

AFFORD GORGEOUS

The best lunchtime buys that cost less than your sanger

LESS THAN \$10



TAP TO BUY

Scan this page with the *viewa* app for links to these products now. Too easy!

Priya Mild and Gentle Cleansing Shower Milk, \$8.99. A hydrating soap-free body wash, with zero nasties, that sensitive skin loves.

Ulta3 Liquid Shine Lip Colour in Shiny, \$5.95. Your hair won't stick to this richly pigmented gloss.

Palmer's Cocoa Butter Formula Swivel Stick, \$4.99. Smooths elbows, heels or cracked lips on the run.

Colour Theory Eye Shadow in All Eye Need, \$10 (amcal.com.au). Creates countless looks with five wearable shades.