

FLIP OVER THE COVER FOR EVEN MORE!

SEPTEMBER 17, 2018. AUST \$4.70

Woman's Day

**QUEEN
IS IN
SHOCK!**

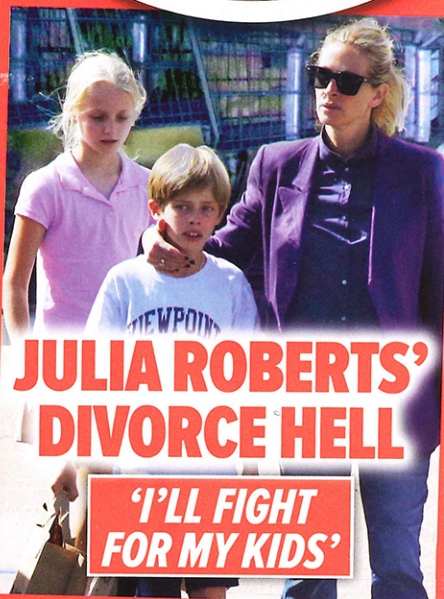
**BREAKING
NEWS!**

PRINCESS EUGENIE PREGNANT!

**Baby bombshell ... just four
weeks before her wedding!**

**HARRY'S
ADORABLE
GIFT FOR
MEGHAN**

Meet
Oz!



**JULIA ROBERTS'
DIVORCE HELL**

**'I'LL FIGHT
FOR MY KIDS'**

**NO SHOPPING
REQUIRED!**

**ALL NEW
pantry recipes**



**TENNIS HERO
JOHN
MILLMAN**
**HOW LOVE
SAVED ME**



**AUSTRALIA'S
MOST SHOCKING
TEACHER-
STUDENT
AFFAIRS**



DAY 1

CHOOSE YOUR SHAMPOO WISELY

WHAT TO DO "Begin with the right shampoo and conditioner," says Daniel Skinner, owner of Happy Endings Hair Studio in Sydney. "When blowdrying, concentrate on injecting volume into the roots. Once hair is dry, spritz with an anti-humidity spray

TRY KMS Hair Stay Anti-Humidity Seal \$31.95, De Lorenzo Elements Afterglow \$22.90



DAY 2

SWITCH UP YOUR CASE

WHAT TO DO "Swapping your cotton pillowcase for silk will make a big difference," Daniel says. "If your body heats up while you're sleeping it contributes to decreasing volume. A smoother pillowcase can help prevent this." Try not to touch your hair or brush the roots – too much stimulation can cause greasiness.

TRY Go-To Face Case \$65



The 5-day BLOWDRY!

Hate washing and blowdrying every morning? We'll help your blowdry last a week!

DAY 3

REACH FOR DRY SHAMPOO

WHAT TO DO If your hair's looking flat, grab some dry shampoo, flip your head over and spray the roots, then flip it back slowly. "Spraying your hair upside down means the product doesn't need to be rubbed in as vigorously as it disperses more evenly," says Daniel. **TRY** Herbal Essences Dry Shampoo Naked \$9.99, Klorane Dry Shampoo with Oat Milk 14.95



DAY 5

TIE IT BACK

WHAT TO DO If your hair's dry to normal, you can get away with leaving it out and repeating day three's routine. "But if your hair's looking more like a small oil slick, put it back into an on-trend ponytail. Keep it chic by tying it at the nape of your neck." **TRY** Krest Cleopatra Fine Teasing Comb \$10.95



DAY 4

ROLLER UP!

WHAT TO DO Part your hair differently to boost the roots and hide oily strands. "Then place two or three large velcro rollers in the crown area of your hair for a much-needed lift," says Daniel. **TRY** Lady Jayne Self Hold Rollers \$8.99 (pack of four)



DANIEL SKINNER

NEW

WITH REAL FRUIT NUTS & OATS



Available in the cereal aisle