



AUSTRALIA'S NO.1 WEEKLY MAGAZINE

Woman's Day

HOUSE RULES
OUTRAGE



THEY'RE NO BATTLEERS!



\$2.3m
portfolio



\$1m
real estate



\$1.2m
in property



DELTA EXCLUSIVE

BABY SHOCK!

'I can't wait for the next chapter in my life!'

BIGGEST AUSSIE BABY

He's 22kg and just 12 months old!



THE VOICE KIDS' BELLA 'MY SECRET WEAPON'



CHEAP & CHEESY GOURMET MELTS

FEARS FOR MODERN FAMILY'S JULIE



'She's a bag of sticks'

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How to do FISHTAIL BRAIDS

It's one of the prettiest hairstyles on the red carpet. And don't be fooled by the detail – it's easy to do. *Woman's Day* staffer Shari Nementzik learns how



1 Make sure your hair is knot-free. Volume is key – sprinkle some texturising powder along your part line to add height to this area, then divide it into two sections.

You'll need

TEXTURISING POWDER

It will also help to disguise unwashed hair

Batiste XXL Plumping Powder \$9.95 amplifies roots and makes hair easy to restyle. You'll only need a small amount of Not Your Mother's Girl Powder \$16.95 for volume.



2 Take a piece from the first section and pass it to the second section, then take a piece from the second section and pass it to the first and so on. Secure.

You'll need

A CLEAR ELASTIC BAND

Or go for a playful elastic if you want a preppy look

Revlon Sequin Ponytailer \$7.95 will pair with a black gown for an evening event. Lady Jane Metal Ponytail Bow \$8.99 looks cute pinned to a hair elastic.



3 Once it's secured, gently pull on pieces to loosen it as desired, or leave it neat and tidy. Finish with a light mist of texturising hold spray.

You'll need

HOLD SPRAY

A texturising spray will give you added volume

amika: Undone Texture Spray \$34.95 creates texture without stiffness. VO5 Dry Texturising Spray \$6.99 will make your style last longer.



TOP TIP

This style works best if you've got long and non-layered hair. But that doesn't mean you can't try it otherwise – you may just need a bit more hairspray to keep the shorter layers in place. For instant length, experiment with putting in your own hair extensions.



Final result

Beauty NEWS

The latest and greatest in the beauty world this week

Luk Beautifood Lip Nourish sheer lipstick in Vanilla & Cinnamon \$24.95 This natural, fragrant lippie contains omega-3 and omega-6 essential fatty acids found in avocado oil, sesame oil and cocoa butter for hydrated, smooth lips.

L'Occitane Roses et Reines Pearlescent Body Gel \$39 This refreshing, nourishing body gel has a subtle sweet scent and leaves you shimmering all over. Save this for special occasions!



Cedel Coconut Bay Extra Firm Hairspray \$4.99 A beautifully scented hairspray that smells just like coconuts and keeps locks in check with a firm hair-holding formula.



ghd bird of paradise limited edition V gold classic stylers in sunset and lagoon \$279 each have ceramic plates with a gloss finish for sleek strands, and a round body for perfect waves.