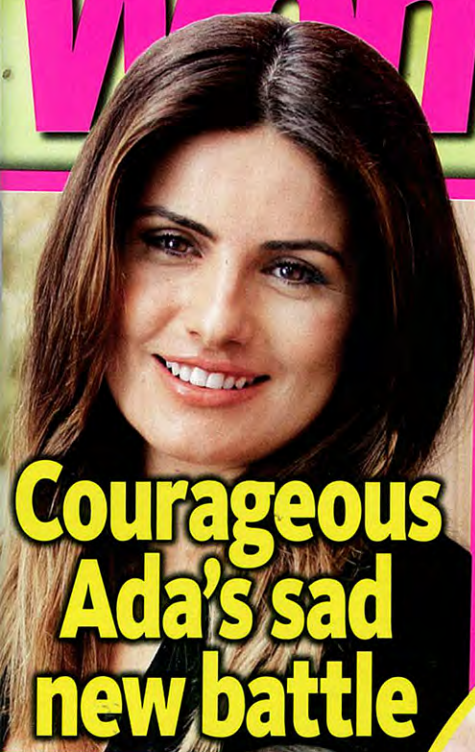


# Woman's Day



**Courageous  
Ada's sad  
new battle**

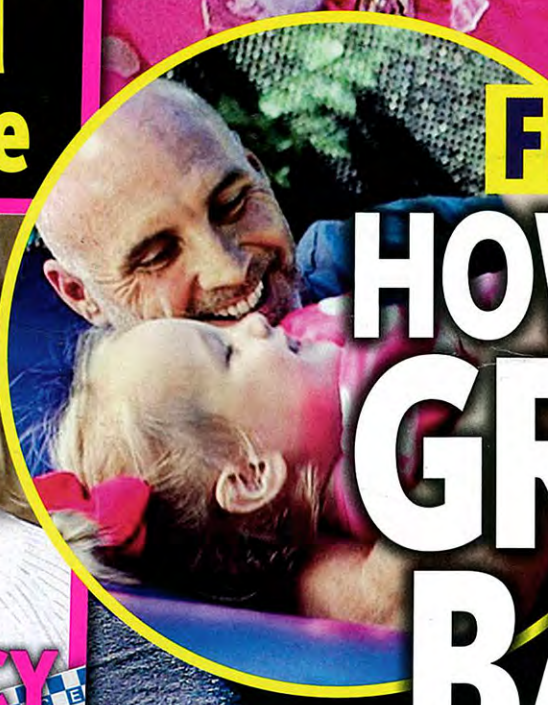


**FIF'S JOY**



**BREAKING NEWS**

**REBECCA  
GIBNEY'S  
REAL-LIFE  
POLICE  
EMERGENCY**



**HOW I WON  
GRANT  
BACK!**



**MAGICAL  
HOLIDAY  
ALBUM**

**KATE'S  
TRIP OF A  
LIFETIME**

**FORGET THE  
WASHING UP!**



**Amazing  
one-pot  
bolognese!**

**Little Aussie  
battlers**

**BEST  
FRIENDS  
BEATING  
CANCER  
TOGETHER**





# Hi everyone!

My little man Archie has recently made his first best friend. He met Oscar at preschool and it turns out he lives just up the street from us, a discovery that's brought a whole new level of wide-eyed excitement to Archie's life! Swimming, dressing up, dinosaur hunting and generally wreaking havoc between their two houses, it's a love affair that's super-cute to watch unfold. That delight on the faces of children happily playing is something I took for granted until our photoshoot with two very special kids, five-year-old Ted and six-year-old Isla (p16). Their adorable friendship was formed as they started chemotherapy to treat leukaemia. For these brave little people there was no swimming or dinosaur hunting, "just two kids in bed next to each other" but nonetheless, a bond just as strong. Out of hospital with the worst of the treatment behind them, their happy faces will put a smile on yours.



We'd love to hear your thoughts  
**(02) 9282 8508**

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*Fiona*



**41** Meet Isla and Ted, the best friends pulling each other through their cancer battle.



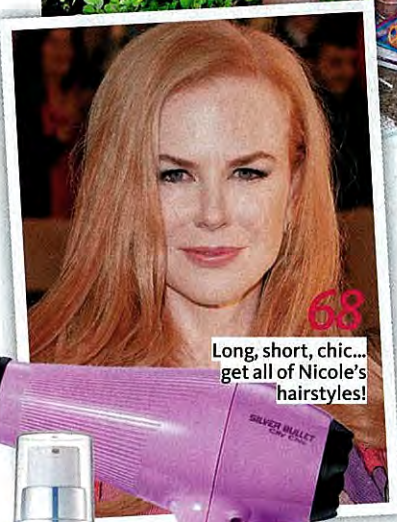
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Serve up a sweet slice!

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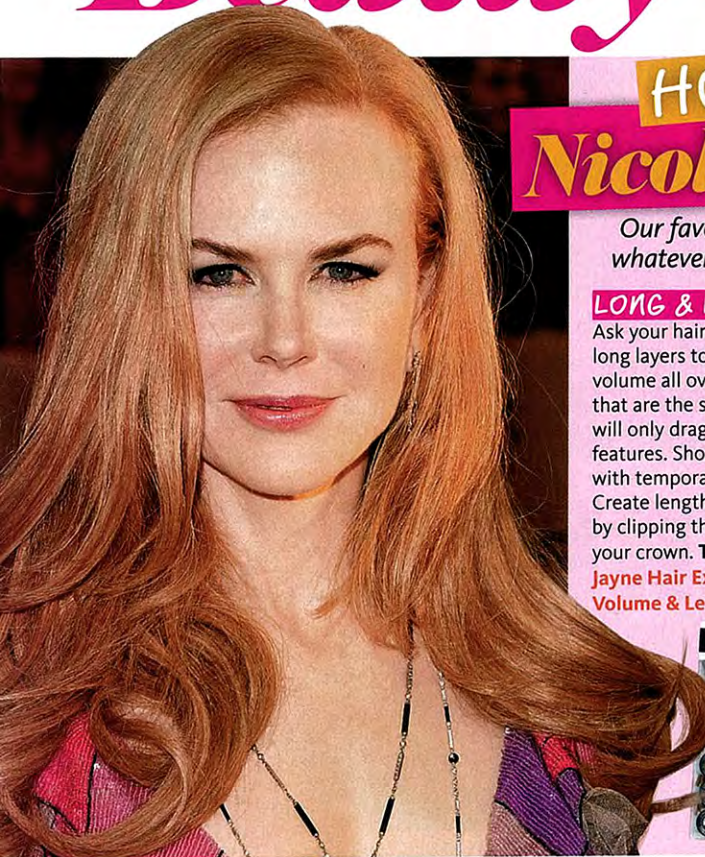
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# Beauty buzz

The latest trends to try and super products to buy



## HOW TO NAIL

### Nicole's Hollywood hair

Our favourite A-lister Nicole Kidman never has a strand out of place, whatever her style. Here's how to perfect three of her most glam looks

#### LONG & LUSH

Ask your hairdresser for long layers to add extra volume all over – locks that are the same length will only drag down your features. Short hair? Fake it with temporary extensions. Create length and thickness by clipping them in around your crown. **TRY Lady Jayne Hair Extensions, Volume & Length \$59.99**



#### SHOULDER-LENGTH & SEXY

Ask your stylist to cut blunt ends, with layers starting three quarters of the way down. Use a smoothing serum and blowdry straight. **TRY Silver Bullet City Chic Professional Hair Dryer \$69.95**

#### SHORT & CHIC

Ringlets are all about shiny hair that's in good nick, so apply a serum before using a curling wand, and avoid brushing. Ask your stylist for a subtle side fringe to frame your face. **TRY Richard Ward Anti-Ageing Argan Elixir \$19.95**



### 30-SECOND BEAUTY

A recent study found more than 80 per cent of 18 to 64-year-olds suffer from spider veins. If you want to ditch them before you next slip into that LBD, massage in a drop of **Remescar Spider Veins \$44.99**. The light-reflecting crystals will mask their appearance and smooth your skin.

### SPOTLIGHT ON

**CUSHION FOUNDATION** The latest makeup innovation out of beauty-forward Korea aims to give your skin a natural, flawless coverage. Press the applicator puff onto the foundation-laden sponge and glide over skin to build coverage or tap to get a more dewy glow.

L'oreal Nude Magique Cushion Foundation \$29.95



## BEAUTY SCHOOL

### MASTER MAKEUP STICKS

Here's how to swipe and go!



- 1 BASE** Sweep a foundation stick across your forehead, down your nose and onto cheeks and chin, then use a brush to blend.
- 2 CHEEKS & LIPS** Dot blush on apples of cheeks and blend with fingers before applying to lips.
- 3 CONTOURING** Apply a contouring stick under your cheekbones and blend with fingers or a fluffy brush to diffuse.
- 4 HIGHLIGHTING** Sweep down your nose and cupid's bow and above cheekbones.

Models Prefer Contouring Stick \$9.99

Savvy Foundation Stick \$6.99

Designer Brands Strobing Stick \$14.99

Maybelline Blush Stick \$15.95

### CELEB SECRET WEAPON



**PAPRIKA** This everyday kitchen staple is the secret to actress Julianne Moore's glowing complexion. "A paprika mask can flush out impurities, increase circulation and help even out pigmentation so you're left with a lovely rosy glow," explains Julianne's facialist Joanna Vargas. To make a DIY mask, mix 1 tsp paprika with honey and smooth over face. Leave it on for 10 minutes, then rinse off.

Words: Kelsey Ferencak. Pictures: Rodney Macquay/Chris Jansen/Ella Brodie-Reed/bauer-sync.com.au, Getty Images.