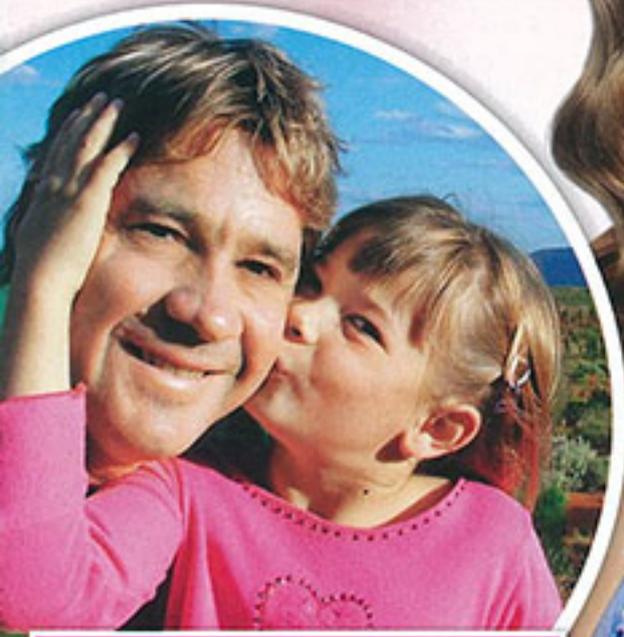


AUSTRALIA'S NO.1

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Woman's Day



**BINDI IRWIN
EXCLUSIVE**

I hope my dad would be proud

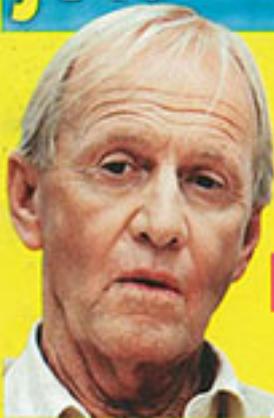
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Plus Best ever
slimming secrets
NO DIET! NO EXERCISE!

How to have a... GOOD HAIR DAY YEAR!

Woman's Day staff road test products that promise to banish every hair woe

The problem Dull colour



Natassia
Picture editor

The fix Malibu C Color Wellness Hair Treatment Kit, from \$49.95.

The claim Preserves the vibrancy of coloured hair

The verdict "I find that shampoos can sometimes strip my coloured hair, making it look dull and dry," says picture editor Natassia. "Even though this kit involves using a few different products – shampoo, conditioner, Miracle Repair and Color Prepare sachets – the instructions were easy to understand and you don't necessarily have to follow every step. You can simply just wash and condition your hair, or use all four products to help prolong brightness. I loved the rich and luxurious feeling of the treatments, and after using the kit for a week my hair felt softer and more hydrated. My colour seemed a lot brighter, too. I'll definitely use these products again."



Chanel
Office manager

The problem Oily roots

The fix Batiste Ella Henderson Sweet & Seductive Dry Shampoo, \$9.95.

The claim Absorbs dirt, oil and product when sprayed on roots, leaving hair and scalp feeling clean and fresh.

The verdict "I need to wash my hair every couple of days as it gets oily easily," says office manager Chanel. "Washing and drying it takes a big chunk out of my morning, whereas it only took a couple of minutes to spray and massage this through my roots. Three days after using it, my hair began to feel a little oily again, so I just sprayed on a little more and managed to stretch it to five days between shampoos. It's become a huge timesaver in my work week."



The problem Flat, fine hair



Elin
Lifestyle editor

The fix Aveda Thickening Tonic, \$39.

The claim Expands strands from root to tip for fuller-looking hair.

The verdict "Achieving any sort of volume in my fine, baby-soft hair has always been a struggle," says lifestyle editor Elin. "This spray was really easy to use – you just squirt it onto towel-dried hair, comb through and blow dry. I like that it uses 97 per cent natural ingredients, like aloe and

wheat amino acids. I noticed a difference straight away. My hair definitely looked fuller, but in a natural way, and it felt thicker to touch as well. Unlike most treatments I've tried, it didn't make my hair static or feel waxy. And though the volume wore off gradually during the day, the thickness didn't. I'll use it every day from now on."



The problem Permanent frizz

The fix JoBaz Everyday Straight Hair, \$29.95.

The claim Salon-straight, smooth and shiny hair for up to three months.

The verdict "I have long, thick, curly hair that I have to straighten every day, so it can get dry and frizzy," says TV editor Jessica. "This product uses the same ingredient as salon treatments (keratin) to promise similar results at home. It's not quick: there's a fair bit of groundwork involved in getting the tools and treatment ready. Then, depending on the thickness of your hair, each step – applying straightening gel, keratin protein, ironing, then fixing cream – can take 30 minutes or more. So I allowed myself half a day to complete the process, especially as I was doing it on my own. My hair wasn't completely straight afterwards, but it looks much smoother and feels healthier and less knotty since using the product. And I don't have to spend as much time styling it each day now."



Jessica
TV editor