

OK!

BEYOND THE RED CARPET



FREE
MINI MAG
Inside



Kate
& Pippa

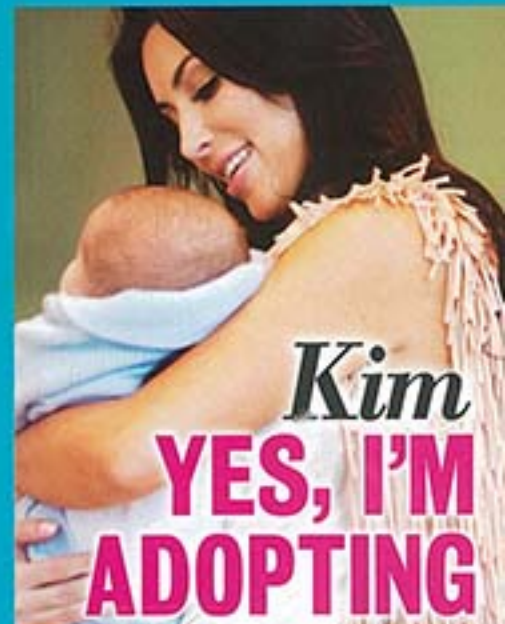
TORN APART

- Not seen together in 10 months
- Pippa's shock tell-all interview
- The painful secret dividing them



J-Law
betrayed

**K-STEW
STEALS
HER MAN**



Kim
**YES, I'M
ADOPTING**



Jen
Garner

Mums
**PREGNANT
AGAIN!**



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1 CREATE THE BEST BASE

Fighting against thin, limp locks? With our simple guide, you'll have thicker-looking, voluminous hair in no time. The first step is to create the best base from the get-go. That means a good, hard cleanse each time you wash, ensuring you rinse out all of your conditioner (this is a common culprit in weighing down your hair). Opt for ranges with plumping, thickening ingredients and leave-in treatments for added oomph.



Kate Upton gets maximum impact from her locks with voluminous waves

INSTANT FLAT HAIR FIXES

If you still struggle with flat, thin hair, fake it! Simply add these easy style enhancers for a bun or bouffant in a flash.



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3 TEASE & STYLE

Teasing is an easy way to amp up the volume. 'Focus on the crown area and section as you would when blow-drying,' Jayne says. 'Make sure you comb that section smooth and hold it tight, starting at the root and slightly loosening your grip as you backcomb. Lightly brush it out to avoid knotting.' If you still want more, use a texturing powder on your roots and finish with a volumising hairspray for hold.



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Va, va VOOM!

How to fix flat hair
for good



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BLOW-DRY BIGGER

Towel-dry hair and add an egg-sized amount of mousse from roots to ends, blow-drying hair with a round bristle brush moving up and out. For more volume, layer a root lift lotion or volumising spray on your roots. 'To get volume in flat hair, it's essential to dry the hair properly first,' says Jayne Wilde, ghd Ambassador. 'You want to heat it up (to create the volume) and cool it down (to set the volume), so as you work, roll the hair and pin it till it cools. Then release it, put your head upside down and give it a shake with your fingers.'



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