

FREE CELEB MINI-MAG INSIDE



RACHEL ZOE



HEIDI KLUM

SCARY NEW TREND

THE 45KG CLUB!

DESPERATE TO STAY SLIM, WHAT PUSHED THESE STARS INTO DANGER DIETS?



TARA REID



CHERYL COLE



Ryan & Emma CAUGHT OUT!



SHE'S 36 HE'S 23!

KATE'S SHOCK NEW TOYBOY It's Nick Jonas!



Kim's DELIVERY ROOM DRAMA



OCTOBER 12, 2015 \$4.99 AU/ST & \$4.99 NZ (inc GST) 100003407

Hair how to

From New York Fashion Week to the field, polished waves are the perfect trackside tresses



CAROLINA HERRERA



Top tips

- 1 For your smoothest blowdry 'to the point of no fly-aways, hit the hair with heat first and then cold air,' says Orlando.
- 2 'It's important to make sure you're doing the same level of waves on each side, so be conscious of that,' he adds.



Regardless of which race day you're attending or the length of your locks, this style should suit you. Celebrity stylist Orlando Pita for TRESemmé shows us how the look – a standout from the Carolina Herrera catwalk – is done on model Lily Aldridge. 'It's sweet, young and fresh,' says Orlando. 'And it's all about the shine.'

STEP 1: Start by washing your hair with a lightweight, moisturising shampoo and

conditioner – this look is all about healthy, youthful hair. **STEP 2:** Towel dry and apply an anti-frizz treatment from your roots to ends before blowdrying smooth and straight with a round brush. **STEP 3:** Create your part and, using a large curling iron, start your waves moving in 5cm sections. Don't traditionally 'tong' the hair, simply clamp and lift your locks, creating an 'S' bend. **STEP 4:** Finish by spraying a brushable hairspray all over to set the style.

TOOL KIT

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#MAKE-UP INSPO

Beauty



Emily Blunt lets her lips do the talking with a sleek updo



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Derby Day

Brighten up your Black-and-whites with a statement lip for one of the biggest race days this season. Make sure you use a full coverage foundation for flawless skin and pair with big lashes, defined eyes and a classic scent.

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January Jones nails the natural look with relaxed locks



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Melbourne Cup

When you're wearing colour, it's nice to keep your make-up low-key and natural. A pink glossy lip like January's with subtle smoky eyes and soft cheeks makes for effortless beauty. Treat yourself to a luxe new fragrance for the day, too!

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Oaks Day

When it's all about ladylike fashion, go for a feminine flick of winged eyeliner and a pink pout. Jodi shows us how it's done with defined brows and dewy skin. Match the look with a fresh, floral scent.



Jodi Anasta contrasts her femme make-up with a sleek, side-parted pony



Poppy Delevingne's nude lip completes her boho look



TEXT BY LAURA WILSON

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Stakes Day

Poppy is the perfect example of how to do relaxed chic at the races - tousled locks with two pieces pinned back, sheer, bronzed skin, groomed brows and a flash of metal on her eyes. Sexy and summery!

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