

# Me & You

**KING HENRIK  
STEPS DOWN**



**OFFICIAL PALACE  
CEREMONY**



# MARY CROWNED QUEEN



**TV STAR  
WARNS  
LISA**

**'YOUR NEW  
MAN'S A  
LOVE RAT'**



**LLEYTON &  
TENNIS BEAUTY  
SHOCK NEW  
SCANDAL**



**BIZARRE  
ROMANCE**

**PRINCE CHARLES &  
CATHERINE ZETA-JONES**



**MICHELLE  
BRIDGES  
AMAZING BODY  
AFTER BABY**



**DOCTORS  
WARN OPRAH  
YOU'VE GOT SIX  
MONTHS TO LIVE**

**PLUS  
BACK TO  
SCHOOL  
MADE  
EASY**



**BONUS 12-PAGE GUIDE**





# HEAT PROOF

NEW  
Beauty

## make-up



**SPRITZ IT** A light mist of a make-up fixing spray really helps everything stand up to the heat. Leaving skin slightly damp to touch, it's a nice pick-me-up too. Try **Clarins Fix' Make-Up**, \$34.



Rachel McAdams beats the summer heat with a flawless, natural look.

**GO WATERPROOF** Eye make-up in particular tends to run in the heat, so switch to water and sweat-resistant formulas. We find **Make Up For Ever Aqua Eyes Waterproof Pencil**, \$27, and **Colour Theory Waterproof Mascara**, \$8, don't budge.



**USE A BB CREAM** Although it gives less coverage than a foundation, it's more moisturising and helps skin look fresh. Try **Touch in Sol Pure Dew Water BB Cream**, \$39.95. With a calming mix of chamomile, lavender and green tea extract, it also helps soothe heat-sensitive skin. Then, add a little concealer where you need it, such as under the eyes.



**SKIP POWDER** Layering sweaty skin with powder on a hot day may create a cakey appearance. Instead, rub a primer into your skin after moisturising to help your base last and to smooth out your skintone. Try **Rimmel London Fix & Protect Makeup Primer with SPF 25**, \$13.95.



**ADD COLOUR** The last thing you want in the boiling heat is a hard-to-touch-up lip. Try a water-resistant stain instead of a gloss or lipstick. They can be used on lips and cheeks to give a pretty glow that will look natural and last. We love **Becca Beach Tint**, \$42.

WHERE TO BUY: Becca beccacosmetics.com.au, Charles Worthington 1800 809 282, Clarins (02) 9663 4277, Colour Theory 1300 660 439, John Frieda 1800 468 318, Keratin Complex datelinecity.com.au, L'Oréal Paris 1300 659 359, Make Up For Ever sephora.com.au, Rimmel London 1800 812 663, Touch in Sol priceline.com.au.

Text: Katherine Manicraff, Still-life photos: Guy Bailey

# BEACHY WAVES

The easiest way to wash and go in summer is to give hair a bit of texture with a salt or texturising spray. If you're using one with salt in it, make sure you wash it out at the end of each day so your hair doesn't become too dry.

## Smell

John Frieda Beach Blonde Ocean Waves Sea-Salt Spray, \$16.99. With a strong coconut scent, it smells like a day at the beach.



## Multi-tasker

L'Oréal Paris Hair Expertise EverStrong Mineral Salt Texturising Spray, \$15.95, is a great product for creating beach texture and an all-day hold.



## Dry hair

Keratin Complex Sweet Definition Texturising Sugar Mist, \$31.95, creates texture by using sugar instead of salt to retain moisture in the hair.



## Travel

Charles Worthington Takeaway Sunshine Protector Leave-in UV Protection Spray, \$6.99. This mini sunshine-yellow salt spray is perfect to pop in your handbag for a weekend away.



Reese Witherspoon rocks the soft, beachy wave.