

Mother & Baby

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Waaah!
**DECODE
YOUR
BABY'S
CRIES**

Win!
A baby shower
& luxury
nursery

*Conditions apply, see p114

Rub-a-dub-bub
Newborn
skincare guide

You *can* be a
confident mum

Fuss-free
beauty fixes

Is HE ready
for birth?

Smart sleep
solutions

Expert settling
& soothing tips



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The eyes *have it*

Often neglected, the humble eyebrow can make or break your entire appearance. Perfect brows can create the illusion of well-rested, radiant eyes, and frame your face so you can get away with less make-up. No time for a trip to the beautician? These do-it-yourself solutions will result in beautiful brows.

PERFECTLY PLUCKED

Set aside time to tweeze your brows, being careful to only remove hairs below the arch. If you pull out a hair you didn't intend to, stop immediately. Don't panic and keep plucking to correct it. Instead, fill in the gap using a brow pencil and, before you know it, your hair will have grown back. The **Tweezerman Mini Brow Rescue Kit, \$49.95**, features four mini tools – a Slant Tweezer, Eyenhance Brow Highlighter, Browmousse and Browbrush, plus a cute travel case, to help you create the perfect arch every time.



JUST ADD COLOUR

Fill in sparse areas and strengthen your brow shape with a good-quality eyebrow pencil and brush. Comb hairs in an upward motion with a brow brush, then use feathery strokes with a sharpened brow pencil to lightly fill in gaps and accentuate your natural shape. If you're blonde, choose a pencil colour that's a few shades darker than your natural colour. If you're brunette, opt for a few shades lighter for a softer look. The **Benefit Instant brow pencil, 1.2g, \$39**, comes with a spool brush at one end of the pencil to blend in colour and keep stray hairs in check.



LIFT AND SHINE

Dabbing an illuminating product onto your brow bone defines your natural arch and gives your face an instant lift. You can also gently apply it underneath, blending into the skin, to brighten up your eyes. We love **Australis Highlights Mineral Face Highlighter, 15g, \$14.95**, as it can also be used on your cheekbones and décolletage.



QUICK FIX

Do eyebrow pencils and powders fall into your too-hard basket? A gel product might just be the answer to defined brows in half the time. **M.A.C Brow Set in 'Clear', 8g, \$28**, grooms and slicks even the most unruly brows into shape.

