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HOW-TO

Master a pro BLOW- DRY

RULE #1 PUT DOWN THE TOWEL

“Rubbing wet hair with a towel will distress the cuticle and cause frizz,” explains ghd ambassador Jayne Wild. “Instead, use paper towel to squeeze excess water out of the hair.”

PREP SCHOOL

“Always remove excess moisture before applying any styling aids, otherwise you will water them down and end up using a lot of unnecessary product,” warns Wild (see Rule #1). Then, apply a thermal protector, such as **Charles Worthington Strength & Repair Heat Defence Spray**, \$15.99.

SMOOTH OPERATOR

“Give yourself a fighting chance and invest in a decent hairdryer,” suggests Wild, who likes the “fast, efficient and extremely light” **ghd Air Professional Hairdryer**, \$199. “Keep the nozzle of the dryer pointing downwards to smooth the cuticle and reduce frizz,” advises Wild.



EDITOR'S PICK

RAULPH LAUREN S/S 2016



PHOTO FINISH

For a bouncy blow-dry: Massage a volumising foam or mousse, like **Toni & Guy Prep Volume Plumping Mousse**, \$9.99, through damp strands. **For a frizz-free blow-dry:** Run a serum (try **John Frieda Frizz Ease Perfect Finish Polishing Serum**, \$16.99) through mid-lengths and ends and go over the blow-dry with a straightener. **For a wavy blow-dry:** Use a smaller brush and add more bends with a curling wand or straightener.



BRUSH WITH SUCCESS

Natural bristle round brush:

Smooths, volumises and defines strands. **Moroccanoil Boar Bristle Round Brush** 25mm (1), \$97.50.

Mixed bristle round brush:

The natural and nylon bristles minimise breakage. **Spornette G-36 Radial Brush** (2), \$18.65.

Ceramic vented round brush:

“Adds shine and locks in style for thick hair,” says Wild. **Evo Hank 52 Ceramic Radial Brush** (3), \$44.95.

Nylon paddle brush:

Helps give any hair type texture and a sleek finish. **Silver Bullet Blue Series Paddle Brush** (4), \$20.85.