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the hairstylist

GUIDO PALAU

Juggling an impressive international Fashion Week schedule for designers such as Prada, Christian Dior and Versace, the Redken global ambassador is the go-to guy for skillfully ruffled, cool-girl hair.



favourite look: "I loved the ease of the natural, unstructured hair that I created at many of the shows. Wearing hair in an unstructured way is very fashionable right now."



top tools: Mason Pearson Large Extra B1 Hair Brush (left), \$320; Dateline 510 tail comb (above), \$3.95. "Mason Pearson brushes are expensive, but totally worth the splurge."



hair care: "A professional shampoo and conditioner combo is essential. I recommend Redken Diamond Oil Shampoo and Conditioner, \$22.95 each, to gently cleanse, strengthen and condition all hair types."



BEST BUY

must-have buy: Redken Signature Look Wind Blown O5 Dry Finishing Spray, \$29.95. "It's the ultimate in texturising – you can't go wrong with it."



the dermatologist

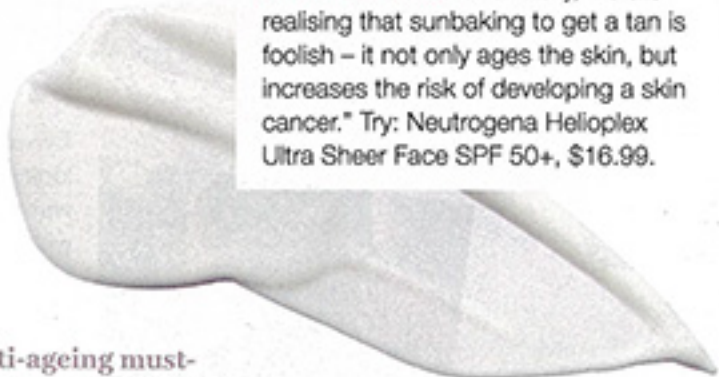
DR LI-CHUEN WONG

Specialising in adult and paediatric dermatology, Dr Li-Chuen Wong is a co-founder of Sydney Skin Newtown and a supervisor of training in dermatology at Westmead Hospital, also in Sydney.



skin essential: "The use of a topical vitamin A cream [such as StriVectin-AR Advanced Retinol Night Treatment, \$120], applied regularly on a nightly basis, will help with pigmentation disorders, prevent mild wrinkles and give the skin a radiant, healthy glow." Don't forget to apply it to your décolletage and the backs of your hands, too.

need to know: "Thankfully, we are realising that sunbaking to get a tan is foolish – it not only ages the skin, but increases the risk of developing a skin cancer." Try: Neutrogena Helioplex Ultra Sheer Face SPF 50+, \$16.99.



INSIDER TIP: "Toners are astringents, which make the skin tight and there is little evidence to say they are beneficial for skin."



anti-ageing must-haves: Alpha hydroxy acids, vitamin A and caffeine. Find them in Elucent Anti Ageing Day Moisturiser SPF 30+, \$49.99.



BEST BUY

expert secret: "The most effective and important anti-ageing product is sunscreen." Try: Aveeno Positively Radiant Daily Moisturiser SPF 15, \$19.99. ▷