

InStyle

AUSTRALIA

2015 Celebrity HAIR AWARDS

THE STARS'
BEST CUTS,
STYLES AND
COLOURS

How to
WEAR
PRINT
MIX, MATCH
AND CLASH

The BAGS
OF NOW
SHOP OUR EXPERT
EDIT OF THE LATEST
"IT" SHAPES

5 RUNWAY
TRENDS
YOU'LL WANT
TO TRY

Anne Hathaway

On social media,
scrutiny and her return
to the spotlight

Spring!

YOUR ONE-STOP GUIDE
TO THE NEW SEASON

100007942



SEPTEMBER 2015 \$8.40 (INCL. GST)
NZ\$9.20 (INCL. GST)

Tweezerman
Pushy and Nail
Cleaner, \$32.95;
1800 251 215

Chanel Le Vernis
in Precious Beige,
\$39; 1300 242 635

LE VERNIS
NAIL COLOUR

661
PRECIOUS BEIGE

CHANEL

Salvatore Ferragamo

Sally Hansen Miracle
Gel in Birthday Suit,
\$16.95; 1800 812 663

Essie Nail Lacquer
Cashmere Matte in All
Eyes On Nude, \$16.95;
1300 369 327

OPI Nail
Lacquer in
Be There in
A Prosecco,
\$19.95;
1800 812 663

O · P · I
NAIL
LACQUER

Vinyl & Oxygen - Emulate &
Nagellack
15 mL - 0.5 FL OZ

essie
cashmere
matte
nail lacquer
nagellack
matte
vinyl & oxygen

PALE NAILS

A nude-toned manicure speaks of total sophistication (as spotted at Erin Fetherston and Ferragamo), and is an antidote to the neons of seasons past. Celebrity manicurist Miss Betty Rose says, "it looks chic and classic." To prevent the polish from making your skin appear washed out, "fair complexions should opt for warmer tones, while cooler shades suit darker skin." Nail the look by "applying the polish thinly in two light coats for the truest colour," Rose suggests.

Only Nail Lacquer
in Cake Pop, \$18.95;
onlybeauty.com.au

Erin Fetherston



READER Q&A

Whether you want to try a new trend, product or red-carpet look, beauty editor **Hayley D'Onofrio** can help. From skincare tips and make-up guidance to hair how-tos, she's got the answers

MINNIE DRIVER ASKS *INSTYLE*



TRY THESE:
Tweezerman
Slant Tweezer,
\$32.95;
1800 251 215

Q What's better for grooming brows—tweezing or waxing?

A Dermatologist Dr Mona Gohara says to rethink waxing as there is room for error around the eye area. The best results come down to shaping skills (yours or an expert's); brow guru Kristie Streicher swears by sharp tweezers and a light touch to tidy up arches. To prevent irritation, Dr Gohara suggests holding back on any products that contain Retin-A or AHAs for one week pre- and post-grooming. Prior to tweezing, use warm water and a mild, pH-neutral cleanser "to open the follicles so hair comes out more easily," she says.

Q I want to fix my crooked eyeteeth but I'm not keen on braces. What are my options?

A Correcting teeth later in life can be a major financial and time commitment, but if it's a pressing concern, you may want to consider Invisalign (invisalign.com.au). It involves wearing removable aligners for 12 to 18 months but they're clear and hardly visible, meaning your treatment is much less obvious.



Q I want to avoid bringing my overflowing cosmetics bag to the gym. What should I pack?

A Smart move—I always carry a downsized version of my kit in my gym bag for quick touch-ups post-workout. When it comes to make-up, keep it simple—invest in a tinted moisturiser or BB cream with SPF that offers hydration and a lightweight coverage, plus a rich lip balm. For your skin, keep a moisturising facial mist at hand—particularly if redness is an issue—to keep your complexion refreshed. A roll-on or aerosol deodorant is also a must—find one with long-lasting protection that won't transfer onto your clothing. As for your hair, keep it tied back and away from your face while exercising. And always have a dry shampoo in your kit to banish oil and add volume to workout-weary strands.

ABOVE: Lady Jayne Bobby Pins, \$3.80 (for a pack of 50) and Snagless Elastics, \$6.50 (for a pack of 10); 1800 651 146. Dove Invisible Dry Anti-Perspirant Deodorant, \$5.45/169ml; 1800 061 027. Charles Worthington Style Setter Dry Shampoo, \$16; 1800 809 282. Dr. Jart+ Premium Beauty Balm SPF45, \$72; 02-9221 5703. Dr. Lipp Original Nipple Balm for Lips \$20; at mecca.com.au. SK-II Mid-Day Miracle Essence, \$75; 1800 012 169. Nike cotton sweatbands, \$10 (for a set of two); nike.com.au. The Upside neoprene clutch, \$110; theupsidesport.com