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HOW TO WEAR THEM

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JANE FONDA

What she did Wove lowlights into her one-dimensional colour.

Why it works "Bleached hair can look flat and dull and most people can't pull off one solid colour," says Fekkai. By adding dimension with darker highlights you can camouflage grey and make hair appear thicker and fuller, with more depth.

Try this Assuming you've already lightened your hair, pick up an at-home cream or gel highlighting kit that's around two shades darker than your base to achieve enriching lowlights on your own (try Clairol Nice 'n Easy Root Touch-Up, \$12.50; 1800 028 280). Use a clean mascara brush to apply the darker shade to half-centimetre sections, about two to six centimetres apart, from root to tip. "Start off

slowly. You can always add more," says Conlon. Alternatively, ask your stylist to alternate highlights and lowlights.



SARAH JESSICA PARKER

What she did Retired a stylish but matronly up-do in favour of loose mermaid waves framed with caramel highlights.

Why it works In general, loose waves with some all-over volume are more forgiving than hair that's pulled back or ironed poker-straight. In Parker's case, says Fekkai, wearing her hair down brings out her eyes (and it lends a touch of fullness to her face). Also working in her favour is her warm, multidimensional colour—specifically the brighter highlights applied root to tip at the very front of her hair, which lend her complexion some glow. The same halo-like pieces in front will soften ombré colour for anyone 40 or over.

Try this For this illuminating effect, paint a few streaks in front with a highlighting kit (L'Oréal Paris Perfect Blonde Highlight Kit, \$20.90; 1300 659 359). "Don't go more than three shades lighter or you might get an orange look," says colourist Karen Conlon.

