

Girlfriend

HAIR LIKE HELLS YEAH!

9 WAYS TO BOOST YOUR HAIR GAME

WINNING!
100 MOVIE TIX AND AN iPhone 6 UP FOR GRABS!



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The Real 'A'

ALL YOU NEED TO KNOW ABOUT

Ashley Benson

TURN WITH INTO YAS: HOW TO FLIP A BAD SITCH p42



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#CAREERGOALS The coolest jobs ever AND HOW TO GET 'EM.

The fringe

THINK ABOUT: Maintenance. Fringes need to be styled every day and often get greasier quicker because they hit the forehead and you're likely to play with it a bit. You'll also need regular trims, like every six weeks. Some hair salons will offer these for free, or they'll be super cheap. Also, if you have wavy or curly hair, remember your fringe is gonna need to be blow-dried AND straightened.

KEEP IT FRESH: Stash some dry shampoo in your schoolbag – it's PERFECT for a quick fringe refresh after sport or when your fringe feels a bit greasy.

STYLE IT UP: "Light hold hairspray can be a lifesaver to hold your fringe perfectly in place," says Jessica. Try spritzing and then brushing your fringe into shape immediately before the hairspray settles for max effect. Also – bobby pins! Carry with you ALWAYS in case your fringe goes crazy!

8. The Wet Brush The Wet Comb #2 styling comb, \$9.95 9. Paul Mitchell Super Clean Light, \$18.95 10. Marc Anthony 2nd Day Clear dry shampoo, \$14.99 11. Silver Bullet Satin hair dryer in Aqua, \$89.95



The chop

THINK ABOUT: Your hair type. "A longer cut is better for curly hair, so you can wear it curly as well as straight," says Jessica. Peeps with fine hair, go as short as you like – chopping your locks will make your hair seem thicker! If you have thick or coarse hair, Jessica recommends asking for texture in the form of layers, so you don't get a weird triangle shape.

KEEP IT FRESH: "Shorter cuts always need more regular trims to keep the shape maintained," says Jessica. Hit up your hairdresser every eight weeks if possible.

STYLE IT UP: You are gonna be all about volume and movement with this style, so investing in a curling tong isn't a bad idea. "I personally love messy beach waves, especially in a long bob," says Jessica. Sea salt spray will also be your bestie. Just avoid heavy products to stay away from 'helmet head' – flexible hairsprays are your jam.



The colour

THINK ABOUT: How permanent you want it. For first-timers, going darker is best with semi-permanent or colour gloss. "The change won't be as dramatic, and if you don't like it you can go back to your natural colour easily," says Jessica.

KEEP IT FRESH: Nourishing masks used at least once weekly will help your colour last. Also, switch your shampoo and conditioner to ones for coloured hair. These usually have UV filters in them to protect from fading due to the sun's rays – otherwise grab a spray-in filter.

STYLE IT UP: Keep your hair out of the sun and water as much as possible – it's the quickest route to fading! You'll also want to wash it less and –werk– that dry shampoo. If you are hitting the waves or pool, rinse hair in cold water first, which swells the hair shaft meaning it won't absorb as much salt and chlorine.

12. Charles Worthington Sunshine Protector Leave-In UV protection spray, \$6.99

13. TRESemmé Colour Revitalising shampoo & conditioner, \$10.99 each

14. Eleven Australia 3 Minute Repair Rinse Out treatment, \$24.95

5. Luxcurly Lux Classic Rotating curling wand, \$119 6. Toni & Guy Hair Care Casual Flexible Hold hairspray, \$15.99 7. KMS California Hair Play sea salt spray, \$33.95

