

# ELLE

HOW TO  
**STOP FEELING  
SO GUILTY  
ALL THE TIME**

**AUSSIE RULES:  
LOCAL TALENT,  
WORLD DOMINATION**

**AUSTRALIA**  
*January 2014*

**EXHIBIT A:**  
*Bambi Northwood-Blyth*

POP CULTURE  
CHEAT SHEET  
**THE 2014  
INSIDER'S  
GUIDE**

**NEW CULT  
BEAUTY BUYS**

LOVE  
**SEX  
MONEY**  
YOUR YEAR AHEAD  
BY THE STARS

# HELLO SUMMER!

JUICE  
FASTS  
MIRACLE  
OR  
MYTH?

**120+** FASHION FINDS  
*to heat up your style*

AU \$8.50 NZ \$9.20 (incl GST)







**TOP OF THE POPS**  
Matthew Williamson SS14 (left), featuring Mark Hampton's hairstyling handiwork



MARK HAMPTON

TÊTE-À-TÊTE

# talent show

Hair stylist *Mark Hampton* is turning heads with his directional styles. Here he shares his favourite summer 'do and secrets to pretty hair



Clockwise from left: 441 Cleopatra Plastic Tail Combs, from \$4.95 each, **Krest**, [datelinecity.com](http://datelinecity.com); Popular Brush, \$210, **Mason Pearson**, 1800 369 273; Classic Smoothing Lotion, \$15.99, **Toni & Guy Hair Meet Wardrobe**, [hairmeetwardrobe.com.au](http://hairmeetwardrobe.com.au); Volume Plumping Whip, \$15.99, **Toni & Guy Hair Meet Wardrobe**, [hairmeetwardrobe.com.au](http://hairmeetwardrobe.com.au); Bungee Bands, \$9.95 for six, **Salon Smart**, [datelinecity.com](http://datelinecity.com)

**i**n the world of hair styling, Mark Hampton and Guido Palau are the equivalent of Justin Bieber and Usher: the ultimate protégé and mentor duo. Hampton cut his teeth backstage assisting industry legend Palau at the world's hottest fashion shows – from Prada to Louis Vuitton – an education that's led to a mega-successful solo career. Today, Hampton, who splits his time between New York and London, is a backstage fixture at London Fashion Week and the global hair ambassador for the Toni & Guy Hair Meet Wardrobe product line.

**DO YOU HAVE A FAVOURITE SHOW FROM SS14?**  
It's hard to choose, but Matthew Williamson was definitely memorable. It was my first time working with him and it was really fun – he's very sweet and even sent me a thank-you note. The hair was luxurious but it wasn't easy – it's a challenge to get the models to look the same when they often have different hair textures.

**DO YOU HAVE ANY GO-TO PRODUCTS THAT WORK ON ALL HAIR TYPES?**  
There are two products I use all the time: the Volume Plumping Whip is all about high glamour – I pair it with mousse and blow-dry for great root lift. And the Classic Smoothing Lotion is perfect for creating really nice, smooth, pretty hair.

MATTHEW WILLIAMSON >



< TODD LYNN



FASHION EAST >

MATTHEW WILLIAMSON >



MATTHEW WILLIAMSON

**WOMEN WILL ALWAYS WANT PRETTY HAIR...**  
I agree. I think there's a movement back to longer, classic styles. Styling has become really big again and social media has made it easier for women to learn how to style their hair. Getting really luxe hair no longer requires a trip to the salon.

**HOW CAN SOMEONE CREATE PROFESSIONAL LOOKING HAIR AT HOME?**

It starts with creating a smooth texture, which comes from the quality of hair. It's really important to prevent damage, so always apply product before you use a hairdryer. There's a misconception that product will make your hair dry, but you need a barrier between the strands and heat. I really like mousse, because a spray product can build up in an area, whereas mousse distributes much more evenly.

**SUMMER IS IN FULL SWING. WHAT'S YOUR GO-TO WARM WEATHER STYLE?**

A ponytail with a flick at the bottom is simple and pretty. Or for something more intricate, I like braids – especially the imperfect ones Guido created for Valentino's AW13-14 campaign. It flatters everyone and every face shape. And the best thing about a braid is that the worse you do it, the better it looks.

**AND THE AGE-OLD QUESTION: HOW DO YOU PREVENT FRIZZ?**

Use a serum. It's a little heavier, so it won't evaporate straight away. You want something that will weigh hair down, especially because it's the fresh baby hairs that often frizz first. □

@MARKHAMPTONHAIR



VIVIENNE WESTWOOD



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