

# ELLE

FROM TRICKED-UP  
TRENCHES TO  
THE CENTRE PART,  
EVERYTHING  
YOU NEED TO  
PRESS  
REFRESH...

THE  
ANXIETY  
SHOT?

HOW BOTOX MIGHT  
HELP BEAT THE BLUES

SELF-CARE  
MANUAL

THE UNSELFISH PERSON'S GUIDE  
TO LOOKING AFTER YOURSELF

BYE-BYE  
BLOAT

WHY YOU HAVE IT,  
WAYS TO GET RID OF IT

# NEW SEASON, NEW STYLE

PLUS THE MUST-HAVE  
ACCESSORY (IT'S \$4!)

Zoë  
Kravitz  
QUEEN  
OF COOL

AU \$8.50 / NZ \$9.20 (incl GST)



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WHAT I USE:

# tkay maidza

The Australian rapper's well-honed pre-show beauty routine is made up of low-key essentials that do double-duty, with a side of Ziggy Stardust showmanship

I KEEP MY ROUTINE REALLY SIMPLE and if I'm not working I'll rarely wear makeup. I LOVE WEARING M.A.C Studio Fix Fluid foundation with the Mineralize Skinfinish powder when I need to be presentable. I try not to wear too much coverage – that's when I get pimples because my skin can't breathe. BEING ABLE TO CUSTOMISE A PALETTE like the Freedom System Flexi Eco Palette means I have all my eye and brow shades in one spot.

I'M SORT OF OFF LIPSTICK RIGHT NOW but when I'm on stage I like to make my eyes more dramatic with colourful eyeliner. MY HAIR PRODUCTS CHANGE depending on which extensions I have in. The big curly ones need more moisture – they get really dry. They cost so much money so I have to take care of them! I ALWAYS TAKE MINI MOISTURISERS from fancy hotels – they're really good to have in your bag and for travel.

1. Volum'Express The Colossal Big Shot mascara, \$19.95, MAYBELLINE NEW YORK, priceline.com.au
2. Conceal, Correct, Contour Palette, \$24.95, NYX PROFESSIONAL MAKEUP, priceline.com.au
3. Vivid Brights Liner in Vivid Envy, \$14.95, NYX PROFESSIONAL MAKEUP, priceline.com.au
4. Duck Bill Aluminium Clips in 901, \$21.95 for 30, PREMIUM PIN COMPANY 999, i-glamour.com
5. Mineralize Skinfinish Natural, \$52, M.A.C, maccosmetics.com.au
6. Argan Oil Of Morocco Penetrating Oil, \$25, OGX, priceline.com.au
7. Deep Pore Charcoal Cleanser, \$10.99, BIORÉ, 1800 468 318
8. Studio Fix Fluid SPF 15, \$50, M.A.C, maccosmetics.com.au
9. Vivid Brights Liner in (from left) Vivid Halo and Vivid Blossom, \$14.95 each, NYX PROFESSIONAL MAKEUP, priceline.com.au
10. Freedom System Flexi Eco Palette in (clockwise from top left) 09, 43, 63, 329, 37 and 298, \$116, INGLOT COSMETICS, inglotcosmetics.com.au
11. Argan Oil Of Morocco Shampoo, \$18, OGX, priceline.com.au
12. Mini moisturisers, acquired from her travels



THE PIECE:

## COVER BAND

There was a lot to love in Jacquemus' sizzling, south of France-inspired SS18 collection, but the wide, black headbands straddled the line between practical and just plain pretty to warrant stand-out status. A twist on Brigitte Bardot's signature accessory, wear one along your hairline to look instantly put together while niftily hiding three-day-old hair or three-month-old regrowth.

## sun factor

Introducing two game-changing products for anyone serious about sun protection (that should be everyone). Düsseldorf-based Dr Barbara Sturm knows what we want in sunscreen: lightweight texture, high protection and none of that white cast some sunscreens leave on the skin. Bonus points for the antioxidants, which promote the regeneration of damaged skin cells. Wear it undiluted like a serum, or add to foundation or moisturiser for seamless, customisable protection. Also offering skin benefits and sun protection in one is Alpha-H's new body and hair oil. Spiked with argan oil and ginger, it hydrates top to toe while SPF 30 defends from UVA and UVB rays.

Protection Plus Hair & Body Oil, \$49.95, ALPHA-H, alpha-h.com



Sun Drops SPF 50, \$160, DR BARBARA STURM, net-a-porter.com