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# New Idea

**BRIDEZILLA EUGENIE  
ATTACKS KATE**

# ROYAL WEDDING MELTDOWN!

**BREAKING  
PALACE  
NEWS**

**YES, SHE'S  
PREGNANT!  
FIJI TOUR  
AXED OVER  
ZIKA FEARS**



**THE BLOCK  
EXPLOSIVE  
TEXT  
MESSAGES  
REVEALED**



**WEDDING AT LAST!**

**BRAD PICKS  
THE RING**



**JEN'S FAVE  
JEWELLER!**

**NICK  
& CASS**

**BACHELOR  
FINALE SHOCK  
BABY  
BOMBSHELL**

**PLUS BRITTANY'S  
BREAKDOWN  
WHY SHE CALLED  
THE COPS!**



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Public Magazine

42

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Liz Kelsh, celebrity makeup artist and Max Factor ambassador at work (below).



**C**elebrity makeup artist and Max Factor ambassador Liz Kelsh says the key to ageing confidently is makeup and knowing how to use it. "You need to be doing things purposefully (when it comes to makeup) rather than just applying the same things every day," she says.

## 1 AVOID THE GREY LOOK

"Your face naturally loses colour as you get older and you get a kind of greyish look, so nudes can be flattering but they can also make you look washed out," she says. "Choose a nude with a bit of colour – a couple of shades off your natural lip colour which will be more flattering. Also, lips lose volume and when you're over 40, your lips just don't have that much moisture in them anymore to be able to wear matte," says Liz. "You can put volume back in though by choosing a lipstick with a creamy shine to it which will bring the fullness back to your lips." And remember, be mindful that teeth age as well. "If they are slightly yellowing choose pinks and blue-based lipstick, which will make them look whiter."

Nude by Nature  
Moisture Shine  
Lipstick,  
\$22.95,  
nudebynature.com.au.

Revlon Brow  
Fantasy,  
\$23.95,  
revlonanz.com.

Designer Brands  
Absolute Brow Pencil,  
\$11.99, dbe cosmetics.com.au.

Natio Naturally Nude  
Lip Colour, \$14.95,  
natio.com.au.

## 3 DOUBLE UP YOUR MASCARA

"Nothing will give you youth like curling your eyelashes. It opens them up, makes you look more awake and your lashes younger. Pair it up with a few coats of mascara."

"I love Max Factor False Lash Effect Mascara, \$24.95, for instant drama and then I use it with Max Factor Lash Crown, \$23.95, to emphasise the middle-to-outer lashes."

Tweezerman  
Rose Gold Classic  
Eyelash Curler,  
\$34.95,  
i-glamour.com.

## 2 THE SECRET TO GOOD EYEBROWS

Brows naturally lose definition as we age but tread carefully warns Liz.

"Go too light in colour and you'll look like you have even less hairs but tint them too dark and well, that's ageing too."

"What you need is a pencil that's lighter than your natural colour so you're getting the natural shape back without just the darkness. When you get the brow right your whole face looks slimmer."

THE TOP TIPS FROM JENNIFER ANISTON'S MAKEUP ARTIST

# 5 WAYS TO LOOK MORE AWAKE

(when you're over 40)