



PERV ALERT!
**Bachie blokes
 get naked!**



THE BLOCK
**Shock
 threesome!**



PLUS
**7 more
 explosive
 secrets!**

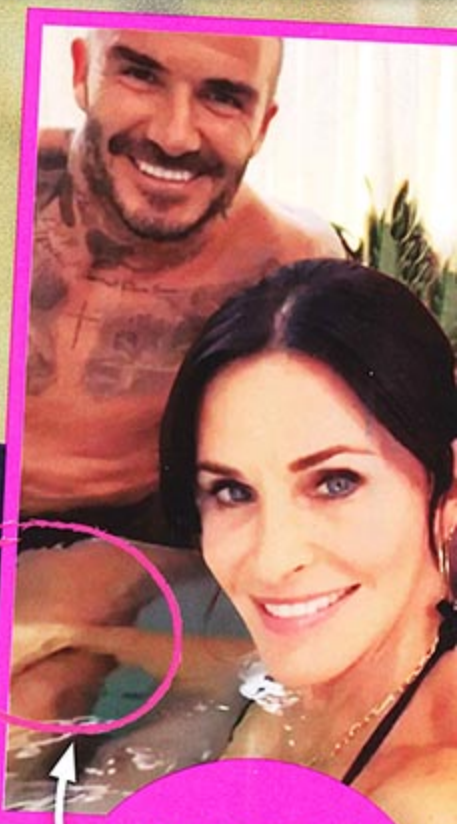
NEW WEEKLY!

NW



**ONLY
 IN NW**

**MILEY & CODY
 ENGAGED
 AFTER 33 DAYS!**



**BUSTED
 WITH
 COURTENEY!**

David's final betrayal

POSH WALKS OUT!



First bump pics

**Gaga
 expecting
 Bradley's
 love child!**



**WTF?!
 J.Lo's
 filler fail!**

**Lump don't
 cost a thing!**



**NOV 11, 2019
 \$5.30 AUST \$5.50 NZ**

MASK UP

Masks still reign supreme when it comes to giving skin a hit of nourishment, whether for anti-ageing, hydration or pigmentation concerns. They're efficient and fuss-free, not to mention ideal for applying while you're relaxing in the bath, glass of rosé in hand. Try a sheet mask for convenience or apply a liquid mask for a more intense treatment and get ready to relax. Remember: Your face doesn't end at your chin, so spread your mask right down to your neck and over your décolletage for the complete spa experience.

Green T. Infusion Gel Mask **\$64 (pack of 4)**
Aceology aceology.co

Aqua Hydrating Masque **\$119.99**
Syrene Skincare
syreneskincare.co.nz

TIP

You'll want to cleanse your face before applying a mask, and even better, put a hot towel over your face if you have the time. It leaves your skin slightly moist, which allows the active ingredients to better penetrate skin.



Hyaluron Cellular Filler Sheet Mask **\$7.95** Nivea
woolworths.com.au

Chrissy Teigen

HOT-FOOT IT

There's no better feeling than getting a pedi, prepping for those open-toe strappy heels you've been dying to wear. Best of all, an at-home pedi can be just as good as the salon type with the right products and tools. First, soak your feet in warm water to soften the skin, before treating your tootsies to a heavy-duty foot scrub. With the aid of a loofah, buff off dead skin around the heel before drying

off and layering on a thick lotion to lock in moisture. Trim and file your nails before slicking on a base coat to protect them, then apply two coats of your chosen colour and finish with a gel top coat to ensure the polish doesn't budge.



Peppermint Foot Scrub **\$19**
The Body Shop
thebodyshop.com



Shea Nail & Cuticle Nourishing Oil **\$23** L'Occitane
au.loccitane.com

Nail Polish in Crushing On You **\$22**
Miss Frankie
missfrankie.com.au



Miracle Gel Top Coat **\$16.95**
Sally Hansen
priceline.com.au



Pedicure File **\$7.45** Manicare
manicare.com.au

A must for soft and supple heels.

Standing Mask Brush **\$24.95** OMG!
i-glamour.com

Feeling boujee? Apply your face mask with a silicone or skincare brush and you'll really feel like you're at the spa.

Manicare 100% Natural Loofah **\$8.99**
priceline.com.au

Loofah your body scrub off to get double the exfoliation power.

After masking, give yourself a facial massage to boost circulation and lymphatic drainage, leaving skin feeling lifted and radiant.

Gua Sha Facial Lifting Tool **\$42** Mount Lai
sephora.com.au

TOOLS OF THE TRADE

A DIY spa experience is never complete without the help of some handy gadgets to make the job more luxurious!