

# WAW Idea

**HARRY & MEGHAN**



**OFFICIAL PAPERS**



# WE'RE ADOPTING TWIN GIRLS

**PLUS FOUR MORE ROYAL BABIES DUE NEXT YEAR!**



**BABY SCANDAL  
CHELSIE DUMPS BACHIE**

**ABBIE'S REVENGE**



**Beatrice & Eugenie PRINCESSES AT WAR**



**IT'S QUEEN MARY!  
FRAIL MARGRETHE STEPS DOWN**



**THE ALL NEW MONTY LADIES' NIGHT  
Simone Callahan 'WHY I'LL NEVER REMARRY'**



# Beauty chat with ADA NICODEMOU



## THE AUSSIE BEAUTY'S SECRETS TO LOOKING AMAZING

**YOU'VE RECENTLY BEEN ON A EUROPEAN HOLIDAY. CAN YOU SHARE YOUR BEAUTY ESSENTIALS FOR TRAVELLING?**

I always take my cleanser, moisturiser and basic makeup. I can't go without a good sunscreen like La Roche-Posay and I never leave home without Nature's Way Beauty Collagen.

**ARE YOU A MINIMALIST WHEN IT COMES TO SKINCARE OR DO YOU HAVE A LONG LIST OF PRODUCTS YOU USE?**

I'm as minimal as I can be at my age! I cleanse, moisturise and use serums with active ingredients.

**WHAT'S YOUR NIGHTLY ROUTINE?**

I cleanse twice, then put on an eye cream, then a serum with vitamin A and lastly a night cream.

**DO YOU HAVE ANY FAVOURITE TREATMENTS?**

I love laser facials and every couple of years I get a Fraxel laser too.

**ANY BEAUTY PRODUCTS YOU CAN'T LIVE WITHOUT?**

Mascara, eye cream and Nature's Way Beauty Collagen.

**WHAT BEAUTY ADVICE WOULD YOU GIVE YOUR TEENAGE SELF**

**IF YOU COULD GO BACK?**

Always wear sunscreen.

**WHAT MAKES YOU FEEL BEAUTIFUL?**

When my hair and makeup is done and when my man tells me how beautiful I am.

**WHAT ARE YOUR TIPS FOR ALL THOSE MULTITASKING MUMS ON HOW TO GET OUT THE DOOR QUICKLY AND LOOKING YOUR BEST?**

I try to do as much as I can in the shower so I don't waste time.

**HOW DO YOU UNWIND ON A DAY OFF?**

Go for a big walk or go to the gym. I love playing with Johnas [her 7-year-old-son]. His laugh makes me happy instantly.

**WHAT'S THE BEST ADVICE YOU'VE LEARNT FROM GROWING UP IN THE PUBLIC EYE?**

Don't take yourself too seriously and always work together as a team.

**WHAT'S THE BEST THING ABOUT BEING MUM TO YOUR BEAUTIFUL BOY?**

He lights up my day. His laugh and being around him puts everything in perspective. He is the most confident person I know. He makes me live for the moment. I adore him.

**WHERE IS YOUR DREAM HOLIDAY DESTINATION?**

Santorini in Greece.

**FAVOURITE FRAGRANCE?**

Narciso Rodriguez.

**MOST RECENT BEAUTY PURCHASE?**

La Prairie eye cream.

**FAVE FOUNDATION?**

Armani.

**FAVOURITE HAIR TOOL/STYLING PRODUCT?**

Hair straightener.

**FAVE MASCARA?**

Chanel.

**MUST-HAVE MOISTURISER?**

Rationale.

Chanel  
Le Volume  
De Chanel  
Waterproof  
Mascara,  
\$56,  
chanel.com

**Inside Ada's beauty kit:**

Giorgio Armani  
Luminous Silk  
Foundation, \$99,  
davidjones.com

GIORGIO ARMANI  
luminous silk foundation  
fond de teint soyeux lumineux

Silver Bullet  
Titanium 230  
IR Elysium  
Infrared Hair  
Straightener,  
\$179.95,  
i-glamour.com.au

Narciso  
Rodriguez For  
Her Eau de  
Parfum, \$217,  
davidjones.com

Nature's Way  
Beauty Collagen  
Shot, \$29.99,  
naturesway.com.au

Nature's Way  
Beauty  
COLLAGEN  
SHOT  
A SPECIALISED TYPE 1 & 3 COLLAGEN



ANTI-AGING EYE CREAM  
SPF 15  
la prairie  
SWITZERLAND

La Prairie  
Anti-Aging  
Eye Cream  
SPF 15, \$265,  
davidjones.com